COLOMBO MEDICAL CONGRESS, 2025

INSTRUCTIONS FOR E-POSTER PRESENTERS

A. Preparation of the e-poster

1. The poster should be prepared as a static PowerPoint slide and saved as a JPEG image (High resolution and quality).

2. The dimensions must be widescreen 16:9 in landscape orientation.
   This is available in PowerPoint - Design > Slide Size > Widescreen (16:9).

3. Please make sure your diagrams/images are of adequate quality and resolution.

4. Please name your PowerPoint file as "PP number"- "title", E.g., PP05-Knowledge, attitude, and practices related to infection control among doctors in Sri Lanka.

5. All presentations should be emailed to cmc@med.cmb.ac.lk by Friday, November 21st, 2025. State the presentation number (OP number) and the title as the subject of the email.

6. Please note that due to time constraints, pen drives, personal laptops, and electronic notebooks cannot be used.

B. Presentation of the e-poster

1. Posters will be displayed on the ground floor of the UCFM tower (Exhibition area) from the 25th of November 2025

2. Poster presentation judging will take place on the 27th of November between 11.00 am and 12.30 pm.

3. All Poster presenters should be present at the venue by 10.50 am on the 27th of November and be available for any queries by the judging panel.
   You are required to register for CMC 2025 on or before the 20th of November:
   https://forms.gle/rP2dE4pTHMWFYv1i8

HOW TO KNOW IF YOUR PRESENTATION WILL LOOK GOOD ON OUR E-POSTER MONITORS

1. View the presentation on a monitor or TV screen that is 1920×1080 pixels (1080p). Even if the screen size is different, you'll see how large things are in relation to each other. Keep in mind that a smaller screen with the same resolution will have a higher pixel density than a large screen, so lines and images may not look quite as smooth on our monitors.

2. Make sure that you follow our guidelines for font size. Even if a small font looks good on a monitor, it may look worse on a bigger screen. A large enough font ensures that text will be smooth and easily readable.

3. Clearly label all diagrams, images, and tables

4. Make sure source images are a large enough size and dense enough resolution. If your computer monitor is lower than 1920×1080 resolution, any images that are put into the presentations will have to be stretched out when they are displayed at 1920×1080

5. Limit the number of colours used in the poster. Make sure there is a good contrast between the background colour and the text. Avoid gradients.

6. Design the poster to the dimensions specified.